

Becket Keys Church of England School

30th June 2023

SPORTS DAY!

Miss Bolt writes:

"Have I not commanded you?
Be strong and courageous. Do
not be frightened, and do not be
dismayed, for the LORD your
God is with you wherever you
go." - Joshua 1:9

On Monday 26th June, when shot-putter Jolien Boumkwo was asked why she volunteered to compete in her team's hurdle race, she responded with: "My team is the most important thing for me."



I am sure many of you will have seen this story in the news this week. When a top Belgian hurdler was unable to race in the European Athletics Team Championships on Monday, her team needed somebody to step up or face the penalty of losing a point. So, shot-putter Boumkwo, ran the 100m hurdles, delivering two points for her team. She did it all without a second thought' and she did it with pride.

Boumkwo did come last. She did find it hard. Yet, she smiled and cheered and reaped the rewards at the end. Now that we have reached Sports Day at Becket Keys, this message felt very fitting.

It has been a delight to see so many of our students getting

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Sports Day
Photographs from today's Sports
Day event.

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Performing Arts Department School of Rock tickets are now available.

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Year 6 Transition Day
The students starting here in
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Art & Textiles
Excellent work from our talented students

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involved and going above and beyond in various events and activities happening throughout our school community. Sports Day this week has given ample opportunity for all our students to involve themselves in events they perhaps may not often do. Many of our students have shown resilience, tolerance, and kindness in volunteering to compete in races that they may not necessarily have chosen first time. These students have been wonderful representatives of many of our Christian values at Becket Keys.



Our Sports Day has also reinforced the importance of team-working and instilling what it means to be a 'team-player.' There has been a certain buzz around the school this week; students from across all year groups in their six houses are excited to work together and showcase their talents. Our students who took part in jumping events at Brentwood School on Thursday, many of whom had limited practice, did so with determination and readiness to win points for their teams.

These ideas have led me to question: where else do our students step outside of their

comfort zones like Boumkwo did? Why is this important? A few ideas came to mind. My colleagues in the drama and music departments have been working with our superb cast on this year's production, The School of Rock, watching our students step outside of their comfort zones on stage. Our Year 10 students are soon to be partaking in their GCSE spoken language component in their English lessons, standing up and sharing ideas that are important to them. Soon, our Year 7 students will be heading to Norfolk Lakes.

We know that leaving our comfort zones can feel intimidating. We grow comfortable with the familiarity of routines. However, it is within these comfort zones that growth stops, and potential remains untapped. I think that the Belgian shot-putter's brave move serves as an important reminder that the road to success often requires venturing into the unfamiliar or unpredictable. It is through these experiences, such as Sports Day and The School of Rock, that we discover strengths, develop new skills, make new friends and uncover potential that we perhaps did not know we had! In doing some research on comfort zones, I found that a study by Harvard Business School showed that 71% of 1,500 executives from more than 90 countries said adaptability was the most important quality they looked for in a leader. Not only does stepping outside of our comfort zone make us resilient - but it also helps us to become adaptable, ready, and prepared for change.



I think many of us this week at Becket Keys have learned that stepping up to challenges, no matter how daunting, helps us to grow. The hurdles race demanded a skill set entirely different from shot-putting, requiring agility, speed, and precise technique. Undeterred by the prospect of failure or embarrassment, Boumkwo persevered. This commitment to personal growth, teamwork, and the refusal to be limited by what is 'familiar' led her and her team to success.



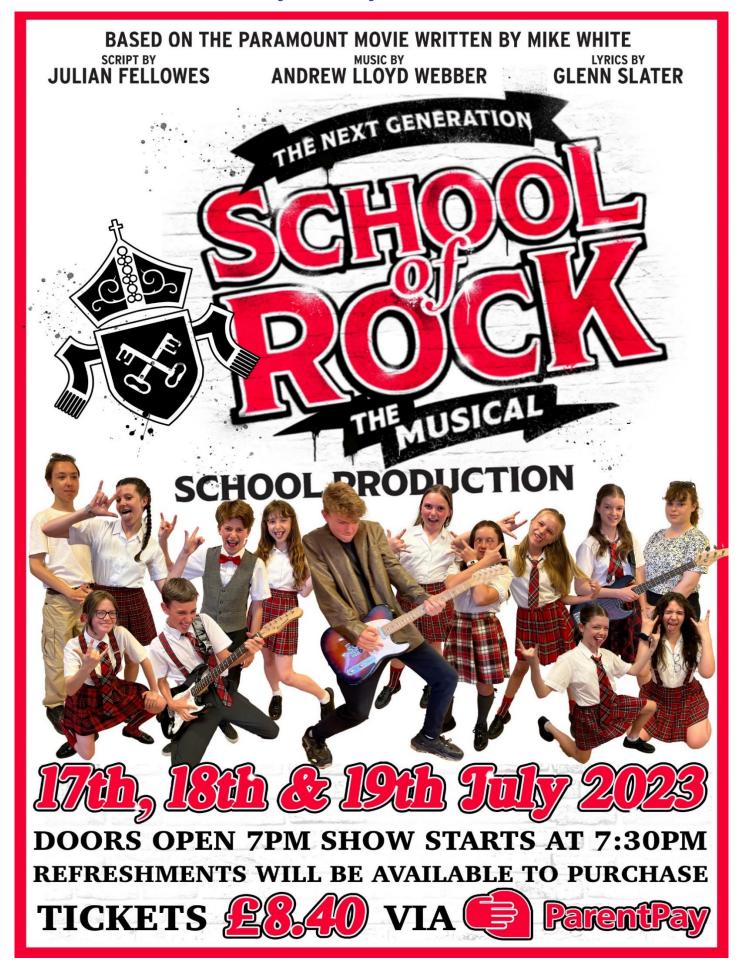
Congratulations to all our students who have stepped beyond what is familiar to them this week; you are all growing! The story of the Belgian shotputter serves as an inspiration not only for athletes but for all of us at Becket Keys.

Miss Bolt English Teacher

Watch Boumkwo here: https://www.bbc.co.uk/sport/athletics/66018311

Sports Day

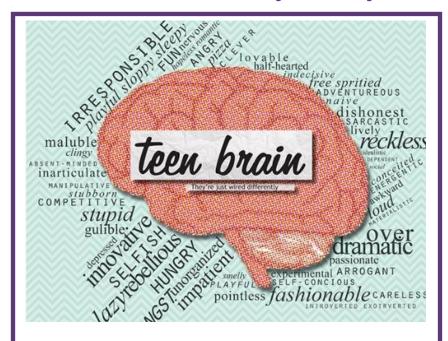




Year 6 Transition Day



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Parent Workshop The Teenage Brain: Understanding it and nurturing it.

This workshop is all about parenting teenagers through a richer understanding of the science of the teenage brain.

It will be hosted and delivered by Mr Scott-Evans, Mr Shields and Miss Brown. They will take you on a journey around the structures of the teenage brain and why teens act/react like they do. There will be plenty of time for sharing of experience and discussing any problems families are currently dealing with.

We hope everyone will leave more confident in supporting and nurturing Becket Keys teenagers and allowing them to flourish through a better understanding of the sort of approaches used in school.

When: Wednesday 12th July, 5.30-6.30pm

Where: Becket Keys Church of England School

Tickets available on Eventbrite very soon!



School Uniform Donations Required!

We will be holding another pre-loved uniform sale this term on **Saturday 8**th **July** and are in need of donations. All items will be welcomed however we are in particular need of **Sixth Form uniform** and the following:

Blazers

Kilts

Jumpers

PE tops

Shorts

Skorts

Ties

Aprons

We would also welcome donations of school shoes.

SEND Local Offer Roadshows

Are you a parent/carer or family member of a child with Special Educational Needs and Disabilities (SEND)?

Do you have questions about accessing support in your area or questions about SEND support available in Essex? Would you like to link up with other parents in your area?

If you do, please come along to a SEND Roadshow. You can meet groups and services such as:

- Essex Family Forum
- SENDIASS
- Representatives from the Education Teams
- SEND Navigation Leads
- Local Support Groups

The roadshow is a drop-in event with no need to book. There are four locations to choose from across Essex:

Tuesday 4 July, 9am to 12.30pm – **West Essex** - Saffron Walden Town Hall

Thursday 6 July, 9am to 12.30pm – **Mid Essex** - Maldon Town Hall

Tuesday 11 July, 9am to 12.3opm – **South Essex** - Nevendon Centre, Wickford

For more information on who will be there please follow the link.



https://send.essex.gov.uk/i-think-my-child-needs-help/send-local-offer-roadshows

We are hoping to run some sessions with a Peer Educator (parent/carer with lived

experience of Autism) at each of the roadshows to share resources, signpost and ask questions. If you would be interested in attending one of these sessions, please email peersupporthub@essex.gov.uk



The Bridge SEND Bulletin

The July edition of this bulletin is now available, and this month we meet Kate, a speech and language therapist working throughout Essex. You can find out more about the support offered for young people who have difficulties with speech, language, communication, and feeding. The Speech and Language Therapists in this team can (amongst other things):

- assess speech, language and communication
- assess eating and drinking difficulties
- develop a communication or feeding intervention plan
- support families, carers, nurseries and schools to follow an intervention plan

Full details about this service and information about Summer events can be viewed here: <u>The Bridge SEND Bulletin</u>

Sixth Form Talks

As part of the Sixth Form Core Religion programme the Sixth Form students have been writing their own 'Ted Talks' on a topic of their choosing. We have encouraged the students to link these to our school values and the theme of gratitude. During our first set of presentations Jenna Ashton wrote about her experiences with a cancer charity and in particular the impact of cancer diagnosis on education. I am sure you will enjoy reading it too!

Mrs Course Deputy Head of Sixth Form

The effect of cancer on children's education.

Although it may not be our favourite place in the world, school is vital for children and teenagers to develop their social skills and fundamental knowledge. And for children with cancer, school helps them to live a normal childhood; by missing school because of their health, they could end up with poorly developed social skills, feelings of isolation and low self-esteem. Also, as much as chemotherapy can help to cure cancer it also has many side effects on the patient's health. It can cause children to have problems with memory, processing speed and multitasking.

Helping children with cancer is very important to my family and me. In 2010 my family set up the MCA Trust – a charity dedicated to improving the lives of children affected by cancer. Over the years we have raised hundreds of thousands of pounds which has been spent improving facilities in pediatric wards in hospitals, sending children and their families on special holidays, financing birthday parties and paying for equipment, to name a few.

Recently, it was brought to our attention that an area where there is no advice or financial assistance for parents was in the area of missed education.

Therefore, the trust launched an education initiative which offers fully-funded tuition for children currently receiving cancer treatment or those in remission.

My mum currently tutors a Year 1 child who was diagnosed with leukemia when he was just 3. Due to treatment, he missed lots of his reception year and struggles with reading. She has helped him enormously and in the words of his parents, "MCA have helped to make education something we do not need to worry about". It was a huge milestone for him and his parents when he read "I went to the park" – a sentence that we would assume any 6-year-old could read easily. And it isn't just Henry who is behind his classmates, but this is case for children of all ages who suffer with cancer. It is evident that more programmes, like the MCA's, need be introduced to reduce the effect of cancer on children's education.

> Jenna Ashton Year 12



Make a difference to children with cancer

We provide much-needed respite and vital equipment to support local children and teenagers through their cancer journey. We rely on donations and sponsorships to fund our work – please consider donating today.

Donate today



School Council Annual General Meeting

The School Council reviewed the previous year and planned the topics and issues to be discussed in the new academic year.



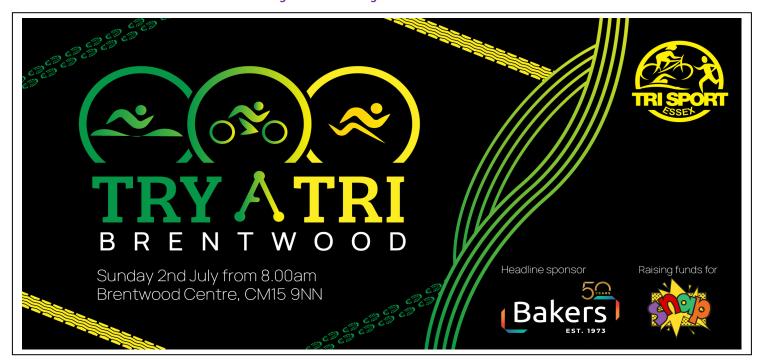
1st Doddinghurst Scout Group Church Lane, Doddinghurst, Brentwood CM15 oNJ

BEAVERS

Age 6-8 years
Monday during School term time
5.15pm – 6.3opm
CUBS

Age 8-10 years Monday during School term time 6.45pm — 8.15pm

Beavers & Cubs is Karen Powell 01277 823405 <u>1stdoddinghurstbeavers@mail.com</u> or <u>1stdoddinghurstcubs@gmail.com</u>.



If you would like the opportunity to support SNAP one of our nominated charities this year, then why not sign up to Try a Tri?

Tri Sport Essex (TSE) have chosen SNAP as the chosen charity recipient for the first Try-A-Tri event in Brentwood! This event is suitable for first-time triathletes and includes a short swim, cycling and running challenges at the Brentwood Centre. Alongside the athletics and cheering on the competitors, families can enjoy funfair rides, bouncy castle, face painters, animal handlers, DJ and food stalls. Plus, it's totally free to attend!

Children can swim, cycle and run on site at The Brentwood Centre. Adults can do the same, but with the option to ride on the roads depending on their confidence and ability levels.

Try-A-Tri Adult Triathlon Event (16yrs+) – £15 + booking fees – 200m pool Swim

- 10km Cycle on flat roads (with sections of closed roads)
- 2km Run on sports field

Try-A-Tri Adult Duathlon Event (16yrs+) — £15 + booking fees

- 1km Run on sports field
- 10km Cycle on flat roads (with sections of closed roads)
- 2km Run on sports field

Try-A-Tri Junior Triathlon Event (9-15yrs – age as at 31/12/23) – £5 + booking fees

- 100m pool Swim
- 3km Cycle on sports field
- 1km Run on sports field

Book your place here

Want to get involved but don't want to compete? Why not volunteer to be a marshal? Please

email <u>fundraising@snapcharity.</u> <u>org</u> to register your interest.

To help out, please email <u>fundraising@snapcharity.orq</u>

TSE is a Triathlon club that has been established for 30 years, a club for people of all skill levels, from wanting to stay fit in a fun and socially based club, to competitive European level athletes. They have regular training sessions for swimming (Brentwood School Sports Centre), cycling and running. Join them for a taster session at any time. For more details on TSE please visit:

https://trisportessex.org/





Book of the Month - June



When you're figuring it all out, there are some friendships that mean the most. Meet Sunita, Gifty, Dawn and May. They're each about to have a summer they'll never forget, but does growing up have to mean growing apart? Funny, relatable and heartwarming, get ready to laugh, cringe and cry with these four besties!

The story follows four girls over one long summer apart: Sunita on holiday with her blended family; Dawn at drama summer school in London; Gifty with her grandparents in an isolated village; and May at home working in her parent's Chinese takeaway. It is a hopeful, heart-filled paean to friendship and girlhood.

To start with, the four best-friends make complete fools of themselves by making a massively immature choice for an end of term fancy dress party. They decide it's time to take themselves in hand and GROW UP! But how on earth will they do it as they are about to be separated for the whole of the summer holiday?





Please make sure that you top-up your son or daughter's account each week so that he/she is able to access all the delicious meals in the school restaurants.

There is a small overdraft facility on ParentPay accounts of £2 for emergency situations, which covers the cost of a sandwich.

Due to the cashless system in place, there is no other back up.

We do not want any student to miss lunch or the great choice of food available every day in our restaurants. The chefs work hard each day to provide a variety of delicious meals for the school.

If you need assistance navigating the site then help is available here: https://support.parentpaygroup.com/hc/en-gb/sections/6089568194577-Parents-and-guardians

If you have any other queries, please contact the school – office@becketkeys.org

Becket Keys

School Prayer

Heavenly Father, we pray that Becket Keys Church of England School will be a blessing to the people of Brentwood.

Encouraged by the example of Peter, Thomas of Canterbury and all your Saints,

may its students know the beauty of your truth;

may its staff know the joy of your service;

may its headteacher and Governors be led by a vision of your kingdom;

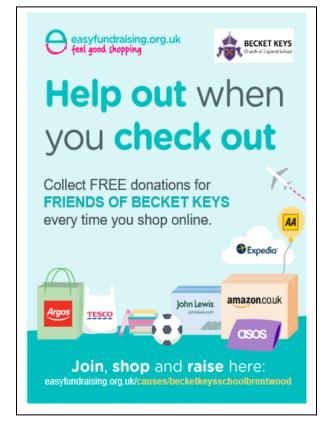
and, together, may the school community know your Holy Spirit in its midst

This we ask through Jesus Christ our Lord Amen







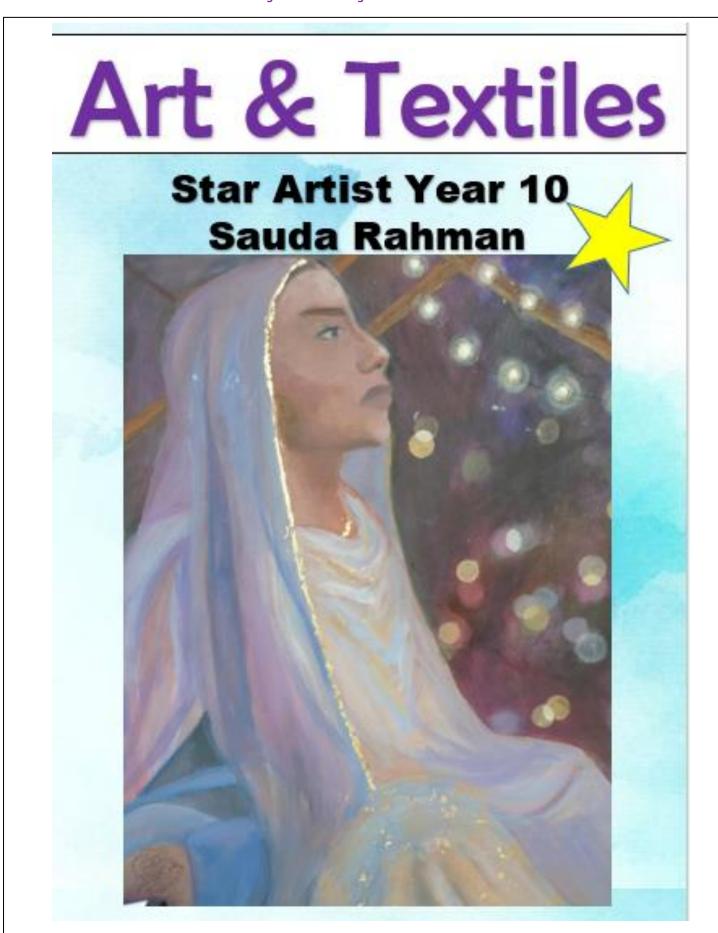


If you are doing shopping online. Why not see if you can help raise some funds for FoBK through your online purchases in a few easy steps:

Click <u>here</u>, then:

- Click 'Sign up and support this cause'.
- If new to Easyfundraising then set up an account.
- Browse the hundreds of online shops who
 participate in the scheme and go shopping! As
 long as you go into the online sites through the
 Easyfundraising site, you will register a donation
 to FoBK. You can even get an App for your
 phone! It will not cost you a penny!

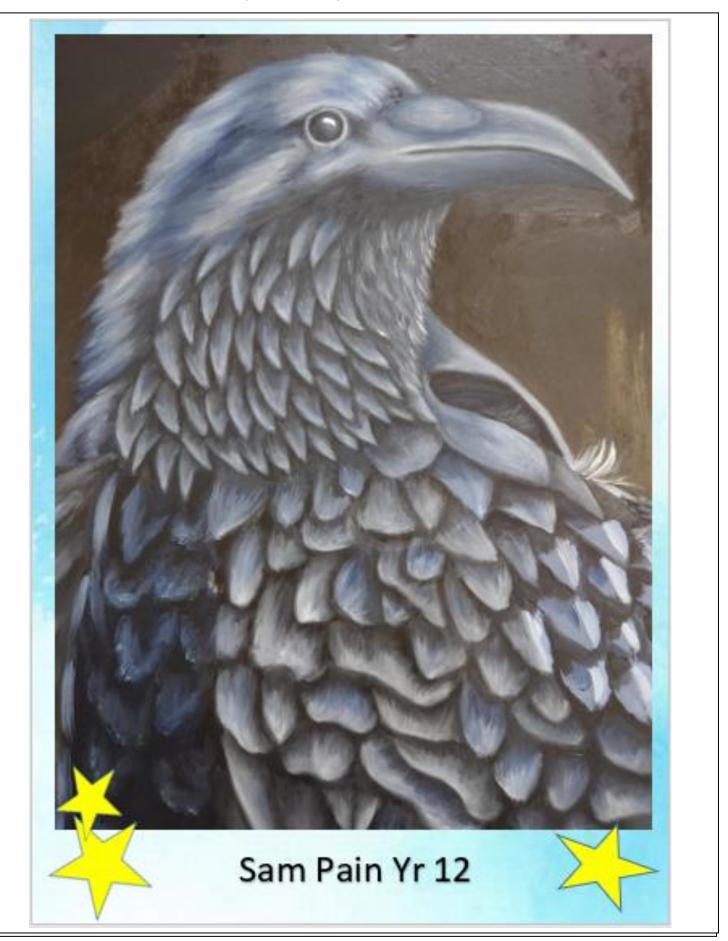
If already a member, then why not refer a friend? FoBK will get a bonus when each person you refer makes a purchase.



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DATES FOR YOUR DIARY

YEAR 6
MEET THE TUTOR EVENING
TUESDAY 4TH JULY 2023
5.00pm - 6.00pm

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YEAR 11 & YEAR 13 PROM WEDNESDAY 4TH JULY 2023

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GOVERNORS' SPEECH &

AWARDS EVENING

THURSDAY 6TH JULY 2023

*

PARENT WORKSHOP
THE TEENAGE BRAIN
12TH JULY 2023
5.30PM

*

SCHOOL OF ROCK!

MONDAY 17TH JULY TUESDAY 18TH JULY WEDNESDAY 19TH JULY

Becket Keys Church of England School

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