

17th January 2022

Dear Parents/Carers,

Sawyers Hall Lane, Brentwood, Essex CM15 9DA Tel: 01277 286600

Self-isolation after a positive COVID-19 test

Following the guidance that comes into effect today, Monday 17 January, it is now a requirement to self-isolate for 5 full days for those who test positive for Covid-19.

Students can return to school after 6 days if they test negative on day 5 and day 6 (24 hours apart). If a student tests positive on day 5 or 6, then isolation must continue until either:

- There are two consecutive negative tests (24 hours apart) e.g. day 7 and day 8 or
- Continue until day 10, whichever comes first.

If students continue to have a high temperature, they must stay at home until it returns to normal. Students do not need a negative test after day 10 to return to school.

low five	-day isolation rule works in England
Day	ys
0	Symptoms begin or test taken
1	Begin counting self-isolation days
2	
3	
4	
5	Begin home testing
6	
7	Self-isolation can end with two negative
8	tests taken at least a day apart
9	
10	Isolation ends - no test required
ource: NHS	88

We would recommend that students test in the morning of Day 5 and 6 so that they are able to return to school on day 6 if they test negative (even if this means they may be slightly late to arrive).

Yours sincerely,

Mr. J. Shields

Assistant Head Teacher - Pastoral Welfare and DSL.