7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 21st Dec



WEEK ONE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL DISH

Sweet & Sour Chicken

Pieces of chicken cooked in a homemade sweet and sour sauce served with noodles

Beef Lasagne

Bolognese layered with pasta and aarlic bread and house salad

Roast Pork

Served in a giant Yorkshire pudding seasonal vegetables and gravy

Murghi Badami Traditional Fish &

Chips Marinated chicken Fillets of fish cooked served with rice and in a homemade cheese sauce with with roast potatoes, cucumber raita and batter served with Kachumber chips and peas





Lo Mein

Chinese vegetable and noodles

Vegetable Lasagne

Roasted vegetables layered with pasta topped white sauce, served with garlic bread and house salad

Creamy Quorn Pie

Quorn and vegetable puff pastry pie served with seasonal vegetables roast potatoes and gravy

Sweet Potato Balti

potato, chickpea and lentil curry served with rice cucumber raita and Kachumber

Tempura Vegetables

Lightly spiced sweet Slices of vegetables cooked in a homemade batter served with chips and beans

DESSERTS

Our Hot Deli Range includes fresh doughs, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Fruity Banana Loaf

Apple Crumbl Cake

Summer Berry Slice

Carrot Cake

Ice Cream Tub





WEEK TWO



MONDAY

Sticky Chinese

Pork

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL

Pork strips coated in a homemade sticky sauce served with homemade egg fried rice

Sticky Chinese Vegetables

Vegetable strips coated in a homemade sticky sauce served with egg fried rice

Hand made Meatballs

Served in a rich tomato sauce served with spaghetti

Quorn Meatballs

Served in a rich tomato sauce served with spaghetti

Roast Turkey

Served with roast potatoes, seasonal vegetables and gravy

Mediterainean Puff Pastry Tart

Filled with courgettes, peppers, onions and garlic

Rogan Josh

Chicken cooked in a aromatic curried sauce served with pilau rice

Cauliflower Rogan Josh

Florets of cauliflower cooked in a aromatic curried i sauce served with pilau rice

Fiery Battered Fish

Fillets of Fish cooked in a chilli flakes batter served with chips and peas

Veggie Cheese Burger

r Vegetable burger and cheese served in a floured bap with Chips and salad



VEGGIE

DISH

Our Hot Deli Range includes fresh dough s, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

DELICIOUS

Old School Sponge Sticky Orange Cake Style
Cheesecake

Chocolate Brownie

Ice Cream Tub

31st Aug, 21st Sept, 12th Oct, 2nd Nov, 23rd Nov, 14th Dec



WEEK THREE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Quesadilla

Spicy beef layered tortilla wrap with street corn and fajita wedge

Chicken Shawarma

Arabic spiced chicken, flatbread with soused red cabbage & parsley with a hummus dressina

Pineapple Roasted Gammon

Served with red onion salsa, roast potatoes & vegetables

Dopiaza Chicken Sausage & Chips

Chicken cooked in a onion spiced sauce served with naan bread

salad

Butchers pork sausage served with chips and beans

VEGGIE

TRADITIONAL

DISH



Quornadillia

wedge

Spicy Asian **Noodles**

Spicy Quorn and Tofu and vegetables bean layered tortilla in a spicy sauce wrap with street served with noodles corn and faiita

Served with a flatbread and kale & mango salad

Egyptian Falafal Vegetable Paella Quorn Sausage & Chips

Served with a house Quorn sausage served with chips and beans

DELICIOUS DESSERTS Our Hot Deli Range includes fresh dough s, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Italian Crumble Cake

Chocolate Sponge

Sticky Toffee **Pudding**

Apple Flapjack Ice Cream Tub